MEANINGFUL CONNECTIONS GUIDING SUCCESS

Winter/Spring 2024

Classes Offered: January 8- May 24, 2024

NEWBORNS AND INFANTS PARENT AND ME

TUMMY TIME

Natalie Abkarian

Your baby should enjoy and prefer being on their tummy! Tummy time not only strengthens your baby's muscles, but also helps build visual skills and even play skills.

Our occupational therapist will help you understand the benefits of tummy time and share techniques for making it a fun, meaningful, and stress-free experience. 4 weeks to 7 months

Tuesdays, 830 - 915am - \$1000

Anna Lombard Let's move it, move it! This class is all about you and your baby having a great time together while getting active. Explore rhythm and movement with music and follow along with songs. Join our specialist as she guides you and your baby through classic favorites and new beats!

4 weeks to 16 months Wednesdays, 830-915am - \$1000

EARLY CHILDHOOD & ELEMENTARY

JOURNEY THROUGH LITERACY

Debbie Maya

Take a journey through loved childhood favorites. Explore classics through song, movement and animation. Each week our focus will be on developing the love of reading at a very young age. Come join us on our journey! 24-48 month olds

Mondays, 3-345 - \$1000

IT'S A MESS!

Pamela Phillips Let's get messy! Children will have the opportunity to explore a wide range of sensory activities throughout this class. Using all areas of development, our sensory activities will leave children stimulated and their central nervous system nourished. Getting dirty has never been

so much fun! 24 months - 48months

Fridays, 1030-1115 - \$1100

LANGUAGE BUILDER TMP's Speech Team

Join our speech therapist as she works to build each child's vocabulary and use of language. Each week, take a journey on a new "language path" that will open new

doors along the way. 18 months - 36 months old Mondays, 1030-1130am - \$1000

3-6 year olds Thursdays, 1230-130pm - \$1000

LET'S WRITE

Anna Lombard Handwriting can be fun with this introductory course! We will use manipulatives from the "Handwriting Without Tears" program as well as stories and games to build introductory handwriting skills. Your child will practice letter recognition, age appropriate grasp patterns, and proper letter formation. With the support of our specialists, we will also include hand strength and finger

opposition through play. 4-7 year olds

Wednesdays, 130-230pm - \$1000

7-11 year olds Fridays, 4-445pm - \$1000

CORE

Our core is the root of it all. This class will focus on building body awareness, self-regulation and stability. We will use flexion holding, yoga, and balance exercises to target core strengthening all while making new friends.

18months - 36 months | Anna Lombard Thursdays, 1130-1215pm - \$1000

4-8 year olds | Tiffany Gonzalez Fridays, 1230-130pm - \$1000 6-11 year olds

Saturdays, 10-11am - \$1000

EARLY CHILDHOOD & ELEMENTARY

FULL STEAM AHEAD

Jill Fiorentino

Through collaborative projects we will unlock your child's creativity and curiosity. Children will strengthen their sensory cognition by predicting, observing, experimenting, and drawing conclusions. Using a STEAM approach we will engage in hands-on, mindson educational fun while learning about the natural and physical world.

4-8 year olds

Tuesdays, 1230-130pm - \$1000

GAME DAY

Genesis Merino

Let's get competitive! Break out all the childhood games that will teach patience, turn-taking and following rules. Each game will also focus on team building and learning how to work in groups, all while having fun..

Students in grades 1st - 5th Mondays, 445-545pm - \$1000

MASTERPEACES

Cody Guilbeaux

Get creative with us! MasterPeaces is all about mastering your peace. Through the use of multi-sensory components and different art mediums, we will explore self-regulation, emotional control, and coping skills while incorporating fine motor skills and peer collaboration. What will you create?

Students in Kindergarten - 4th Grade Wednesdays, 4-5 pm - \$1000

TINY TASTEBUDS

Genesis Merino

Let's get cooking! When it comes to cooking and eating, there are so many skills needed! This interactive class is focused on exploring different foods including their textures, colors and taste! It will also focus on development of fine motor skills and tool use (forks, knives and spoons!) We will practice cutting foods of different textures and getting our hands involved! This class is perfect for picky eaters or any child who is working to gain confidence at the dinner table.

3-7 year olds

Thursdays, 430-530pm - \$1100

FOOD TRUCK FRENZY

Nicole Roesset

Utilizing business strategies and concepts, we will create a tasty way to build and enhance many skills. Over the course of this class, we will select food truck themes, design menus, estimate expenses and determine prices. Creating a young business mindset allows for critical thinking skills to develop along the way.

Students in Grades 2-5 Fridays, 4-5pm - \$1100

SPORTS AND SORTS

TMP's Behavioral Team Kids play games that involve physical activity and interactions. Some games can be team games, every man for themselves, and whole group cooperation games (everyone working together to reach a goal). Focuses on teaching personal space boundaries, teamwork, sportsmanship when winning/losing, and appropriate communication.

Grades 2nd-5th

Saturdays, 11-12pm - \$1000

Tuesdays, 4-5pm - \$750.00

HOMEWORK HELPER Ask any and all questions to our specialists. Join us weekly for any type of homework help. **Entering grades 1st through 4th**

IT'S KEY

Anna Lombard

Utilizing Keyboarding without Tears, join our OT's as they guide you on the most efficient way to learn typing. Tuesdays, 430-515pm - \$1000

EARLY CHILDHOOD & ELEMENTARY

KIND MINDS

TMP's Behavioral Team

Using mindfulness games/activities and behavioral mapping, kids can learn about perspective taking, self-regulation, and being kind to others. Mapping can be done before and after activities to help reinforce the concepts that are discussed/practiced. Grades 1st - 5th

Thursdays, 5-6pm - \$1000

MY FIRST PIGGY BANK

Nicole Roesset

Through hands-on activities, using a multi-sensory approach, math is our focus. Concepts such as money, budgeting and saving will be the highlights. We will also explore the basics of philanthropy and donating to a charity.

5-9 year olds Mondays, 1230-130pm- \$1100

MINI PEACES® Genesis Merino

Mini Peaces is a great introduction to school. We work together to ensure your child is provided with an individualized approach that is tailored to their specific needs. Our program is structured to focus on fundamental elements including communication, motor development, academics, imitation, self-management, and social skills. With our naturalistic teaching approach, we believe children will be able to achieve success both in the classroom and out

18months - 36months

Tuesdays, Wednesdays and Thursdays 930-1130am - \$7200 for semester

JR PEACES® **Brittney Portuondo** Jr Peaces continues to provide children developmental opportunities in all areas. Using a wide range of activities, we focus on creating a program that provides structure,

building and enhancing communication all while having

fun. Children will participate in a wide variety of activities,

such as language building, arts and crafts, academic

hands-on lessons and much more. play! 4-8 year olds

Monday-Friday, 9-1230pm \$725 Per Week - \$1450 Non-Refundable

Deposit required at registration

MIDDLE, HIGH SCHOOL **AND BEYOND:**

MASTERING THE SAT:

Jose Chang Get your SAT practice tests in! Join our specialist as they walk you through specific strategies and methods to achieve the score you are looking for. Tackle College Board-approved questions and concepts that are especially challenging. Books and Materials will be

Mondays, 730-9pm - \$4000

RESUME AND CAREER SUCCESS

Jose Chang

This practical program for teens focuses on career exploration and employment readiness. Learn how to draft an impactful resume, write a compelling cover letter and prep for interviews. Students will also explore career goals and occupations. College search and affordability will also be covered.

Fridays,6-7pm- \$1400

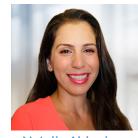
SOCIAL PEACES

TMP Speech Team Join our speech and language team by participating in our Teen/Adult Social Group. This group was designed to offer our young adults a structured, small group environment to work on and improve their pragmatic (social) language skills through conversation, games, and structured language activities. Each week, the group will be introduced to a variety of verbal and nonverbal social language cues. They will work as a team to build

relationships and improve their communicative abilities.

Ages 16-24 years old Saturdays, 12-1pm - \$1000

Meet the Staff



Natalie Abkarian



Jose Chang



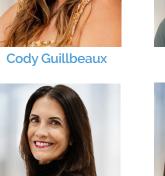


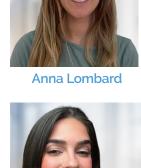
Jill Fiorentino



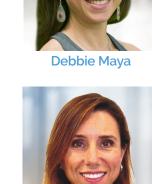


Pamela Phillips

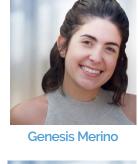




Brittney Portuando



Nicole Roesset





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