



## MEANINGFUL CONNECTIONS GUIDING SUCCESS

### WINTER/SPRING 2023

Classes Offered:  
January 9 - May 27, 2023

#### NEWBORNS AND INFANTS PARENT AND ME

##### TUMMY TIME

Natalie Abkarian

Your baby should enjoy and prefer being on their tummy! Tummy time not only strengthens your baby's muscles, but also helps build visual skills and even play skills. Our occupational therapist will help you understand the benefits of tummy time and share techniques for making it a fun, meaningful, and stress-free experience.

**4 weeks to 7 months**

Mondays, 11-1145am - \$900

##### BABY ROCK

Nicole Ross

Let's move it, move it! This class is all about you and your baby having a great time together while getting active. Explore rhythm and movement with music and follow along with songs. Join our specialist as she guides you and your baby through classic favorites and new beats!

**4 weeks to 16 months**

Tuesdays, 830-915am - \$900

##### IT'S A MESS!

Anna Lombard

Let's get messy! Children will have the opportunity to explore a wide range of sensory activities throughout this class. Using all areas of development, our sensory activities will leave children stimulated and their central nervous system nourished. Getting dirty has never been so much fun!

**15 months - 36 months**

Fridays, 930-1015am - \$1000

##### LANGUAGE BUILDER

Sarah Haslett

Let's get talking! Join our Speech-Language Pathologist for our language-based social play group. Each week, we will discuss new, fun ways to promote speech and language development with your child at home through play, exploring, social skills, music, and much more.

**Birth to 24 months**

Thursdays, 10-1045am - \$1000

#### EARLY CHILDHOOD & ELEMENTARY

##### JOURNEY THROUGH LITERACY

Debbie Maya

Take a journey through loved childhood favorites. Explore classics through song, movement and animation. Each week our focus will be on developing the love of reading at a very young age. Come join us on our journey!

**24 months - 48months**

Mondays, 930-1015am - \$1000

##### LANGUAGE BUILDER

Alexandra Moskowicz

Join our speech therapist as she works to build each child's vocabulary and use of language. Each week, take a journey on a new "language path" that will open new doors along the way.

**18months- 36 months**

Mondays, 1030-1130am - \$1000

**3-5 year olds**

Thursdays, 1230-130pm - \$1000

##### TALKER TIME

Sarah Haslett

AAC Club is a fun, interactive class for our friends who use Augmentative and Alternative Communication (AAC) to communicate. In this class, we facilitate language and social interactions with peers through alternative modes of communication. Each class will incorporate games, books, social skills, and language enriched activities to get our AAC users talking!

**4-7 year olds**

Tuesdays, 330-430pm - \$1000

##### LET'S WRITE

Anna Lombard

Handwriting can be fun with this introductory course! We will use manipulatives from the "Handwriting Without Tears" program as well as stories and games to build introductory handwriting skills. Your child will practice letter recognition, age appropriate grasp patterns, and proper letter formation. With the support of our specialists, we will also include hand strength and finger opposition through play

**4-6 year olds**

Tuesdays, 130-230pm - \$1000

**7-10 year olds**

Fridays, 4-445pm - \$1000

#### EARLY CHILDHOOD & ELEMENTARY

(continued)

##### CORE

Our core is the root of it all. This class will focus on building body awareness, self-regulation and stability. We will use flexion holding, yoga, and balance exercises to target core strengthening all while making new friends.

**18months - 36 months | Anna Lombard**

Thursdays, 1130-1230pm - \$1000

**3-6 year olds | Tiffany Gonzalez**

Fridays, 1230-130pm - \$1000

**4-7 year olds | Tiffany Gonzalez**

Thursdays, 4-5pm - \$1000

**5-10 year olds**

Saturdays, 9-10am - \$1000

**7-12 year olds | Anna Lombard**

Wednesdays, 5-6pm - \$1000

##### GAME DAY

Patricia Martinez

Let's get competitive! Break out all the childhood games that will teach patience, turn-taking and following rules. Each game will also focus on team building and learning how to work in groups, all while having fun.

**Students in grades 1st - 5th**

Mondays, 430-530pm - \$1000

##### LUNCH BUNCH

Genesis Merino

Come have lunch with us! Our lunch bunch group is focused on developing table etiquette, social skills, and independent living skills. Mealtimes are known to promote positive interactions between the individuals sharing a table and can offer natural opportunities to build on these relationships. In our class, we will use social stories, role-playing techniques, and behavior skills training to model mealtime skills while enjoying our 'lunch' as a group! For our picky eaters, we will also focus on developing their appropriate eating habits by presenting a First and Then procedure to increase their intake of non-preferred foods. Participants will bring in their own 'lunch' to work on these skills. Come hungry!

**3-6 year olds**

Wednesdays, 12:30-130pm - \$1000

**7-12 year olds**

Tuesdays, 5-6pm - \$1000

##### TINY TASTEBUDS

Nicole Ross

Let's get cooking! When it comes to cooking and eating, there are so many skills needed! This interactive class is focused on exploring different foods including their textures, colors and taste! It will also focus on development of fine motor skills and tool use (forks, knives and spoons!) We will practice cutting foods of different textures and getting our hands involved! This class is perfect for picky eaters or any child who is working to gain confidence at the dinner table.

**3-7 year olds**

Thursdays, 430-530pm - \$1000

##### MASTERPEACES

Patricia Martinez

Get creative with us! MasterPeaces is all about mastering your peace. Through the use of multi-sensory components and different art mediums, we will explore self-regulation, emotional control, and coping skills while incorporating fine motor skills and peer collaboration. What will you create?

**Kindergarten-4th grade**

Fridays, 5-6 pm - \$1000

##### SPORTS AND SORTS

Kids play games that involve physical activity and interactions. Some games can be team games, every man for themselves, and whole group cooperation games (everyone working together to reach a goal). Focuses on teaching personal space boundaries, teamwork, sportsmanship when winning/losing, appropriate communication.

**Grades 2nd- 5th**

Saturdays, 9-10am - \$1000

##### KIND MINDS

Karina Vallarino

Using mindfulness games/activities and behavioral mapping, kids can learn about perspective taking, self-regulation, and being kind to others. Mapping can be done before and after activities to help reinforce the concepts that are discussed/practiced.

**Grades 1st - 5th**

Thursdays, 5-6pm - \$1000

##### BAR MODELS, NUMBER BONDS AND MORE

Jordan Kramarz

How many ways can you make ten? Building a secure foundation is the key to mathematical success. Through hands on activities and visual representation, students will acquire multiple strategies that will lead them to continued success.

**2nd - 3rd Grades**

Fridays, 5-6pm - \$1000

#### EARLY CHILDHOOD & ELEMENTARY

(continued)

##### MONEY MATTERS

Nicole Roesset

Designed for our youngest students, this innovative foundation on financial literacy also serves as a practical math environment where students learn and reinforce computational skills, while developing a mindset for healthy financial habits. From playing money math games to learning about budgeting through engaging activities, students have fun while they enhance their "real life" math skills!

**4-7 year olds**

Mondays, 1230-130pm - \$1000

**1st-3rd grade**

Fridays, 430-530pm - \$1000

##### MINI PEACES®

Debbie Maya

Mini Peaces is a great introduction to school. We work together to ensure your child is provided with an individualized approach that is tailored to their specific needs. Our program is structured to focus on fundamental elements including communication, motor development, academics, imitation, self-management, and social skills. With our naturalistic teaching approach, we believe children will be able to achieve success both in the classroom and out.

**18months - 36months**

Tuesdays, Wednesdays and Thursdays

930-1130am - \$6000 for semester

##### JR PEACES®

Natalie Pertwitz

Jr Peaces continues to provide children developmental opportunities in all areas. Using a wide range of activities, we focus on creating a program that provides structure, building and enhancing communication all while having fun. Children will participate in a wide variety of activities, such as language building, arts and crafts, academic hands-on lessons and much more, play!

**3-7 year olds**

Monday-Friday, 9-1230pm

\$700 Per Week - \$1400 Non-Refundable Deposit required at registration

##### FULL STEAM AHEAD

Jordan Kramarz

Through collaborative projects we will unlock your child's creativity and curiosity. Children will strengthen their sensory cognition by predicting, observing, experimenting, and drawing conclusions. Using a STEAM approach we will engage in hands-on, minds-on educational fun while learning about the natural and physical world.

**Entering Kindergarten - 3rd Grade**

Tuesdays, 430-530 pm - \$1000

##### WHAT IN THE WORLD!

Luis Moreno

Explore the world we live in through maps, landmarks and cultures. Through hands on activities, visit all different countries to see what each has to offer. Our specialists will introduce locations, foods, songs, and interesting facts on each place we 'travel' to.

**1st - 4th Grade**

Fridays 4-5pm- \$1000

#### MIDDLE AND HIGH SCHOOL:

##### MASTERING THE SAT:

Problem-based & Discussion-based Learning

Jose Chang

Get your SAT practice tests in! Join our specialist as they walk you through specific strategies and methods to achieve the score you are looking for. Tackle College Board-approved questions and concepts that are especially challenging. Books and Materials will be provided.

**Fridays, 5-7pm - \$3900**

##### FINANCE FOR TEENS

Jose Chang

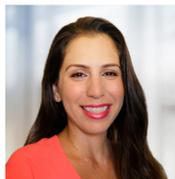
Learn how to manage your money in this program promoting essential life skills! Set your financial goals, develop a budget from scratch, shop for a credit card and calculate the monthly cost of your dream car. Students also learn about mortgages, FICO scores, taxes, and the dangers of piling up debt. Through simulations and hands-on activities, participants gain confidence to explore financial decisions they will have to make in the future.

**13-18 year kids**

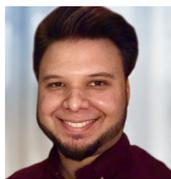
Thursdays, 7-8pm- \$1150.00



## Meet the Staff



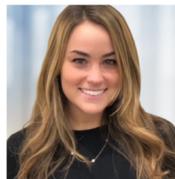
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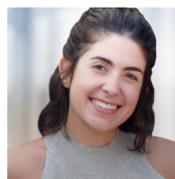
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Andrea Schnee



Karina Vallarino